



News Release

For Immediate Release: March 6, 2019

The Power of Story on International Women's Day

NorWest Co-op Community Health is partnering with Brooklands School to present a day of powerful storytelling in honour of International Women's Day 2019.

On March 8, International Women's Day, Brooklands School is hosting a storytelling assembly for students in Grades 4 and 5 featuring inspiring female voices within our community. Winnipeg filmmaker Sonya Ballantyne will join Brooklands students and staff for a discussion centred on the power of story. Next, published writer Alliana Rempel, will read her book called *One*, and share her story of *Battle the Bad with the Beauty*. Elder Ivy will welcome all guests at 2:00 p.m. and Grade 4 and 5 families are welcome to attend the event.

Later in the day, the Power of Story community celebration will be held at the NorWest Co-op Alexander location from 3:45-5:30 p.m. Food will be provided as guests hear from Constable Alana, Brooklands School Resource Officer, as she shares influential stories of women throughout history. Also at the event, journalist and storyteller Cate Friesen will be offering a storytelling workshop called *Everyone Has a Story*. All members of the community are welcome to attend, celebration taking place at 1880 Alexander Avenue.

Please consider joining us, along with Cate Friesen, Constable Alana, Alliana Rempel and Sonya Ballantyne, as we celebrate women through literacy and reflect on influential women of the past.

To RSVP for the community celebration, please contact Matt McCormick at NorWest Co-op by calling (204)- 330-9639.



Sonya Ballantyne



Alliana Rempel



Cate Friesen



NorWest Co-op
COMMUNITY HEALTH